



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 9  
Supersedes: 2.7.20

## Falafel Uncooked Fritters Product Specification

<b>Product Name:</b> Falafel Uncooked Fritters		<b>Product Code:</b> SA000011
<b>External UPC:</b> 1-00-75365-00092-4		<b>Internal UPC:</b> 0-75365-00092-7
<b>Case Packing:</b> 4 - 4lb bags	<b>Net Weight:</b> 16 lbs	<b>Shipping Weight:</b> 17 lbs
<b>Case Cube:</b> .81		<b>Storage Temp:</b> Keep Frozen (10°F or below)
<b>Approximate Portion Size:</b> 3 fritters (85 g)		<b>Approximate Portions Per Case:</b> 85
<b>Case Dimensions:</b> Length: 16.94" Width: 11.06" Height: 7.50"	<b>Pallet Dimensions:</b> Tie: 9 High: 8 Total Cases Per Pallet: 72	<b>Physical Dimensions:</b> Piece Weight: 1oz (+/- 0.15 oz) Piece Dimensions: n/a
<b>Kosher:</b> Yes	<b>Refrigerated Shelf Life:</b> N/A	<b>Frozen Shelf life:</b> 180 Days

**Description:** Authentic Falafel recipe featuring chickpeas, parsley, onions, cilantro serrano peppers, garlic and spices. Falafel fritters feature a back-of-house appearance but without the labor. Just cook & serve. Vegan recipe and free of artificial colors, flavors and preservatives.

**Ingredient Statement:**

INGREDIENTS: Water, Chickpeas, Parsley, Onions, Cilantro, Serrano Peppers, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Contains 2% or less of: Salt, Spices, Rice Flour, Xanthan Gum.

**GLUTEN FREE**

All food ingredients contained in this product are approved for use in a regulation of the Food and Drug Administration CFR Title 21 or are listed as generally recognized as safe.

**Nutrition Facts**

about 85 servings per container  
Serving size 3 pucks (85g)

Amount per serving

**Calories 130**

% Daily Value\*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 420mg 18%

Total Carbohydrate 23g 8%

Dietary Fiber 6g 21%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 51mg 4%

Iron 3mg 15%

Potassium 59mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

The presence of natural ingredients can lead to slight variations in color and analysis. These variations are not related to our standardized flavor profile. Therefore, these data should be used as a condition of sale.

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Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007

P: (847)364-1010 Outside Illinois P: (800)621-4387 Fax: (847)364-1073 www.greciandelight.com

Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13 R:\Specifications in Word\Product Specs in Word\SA000011 Falafel Uncooked Fritters 3.12.20.doc



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<b>Lot Coding: Shipping Container:</b>  1 Digit Year + Julian Date	<b>Lot Coding: Packaging Container (if applicable):</b>  1 Digit Year + Julian Date
<b>Microbiological Standards (if applicable):</b> <b>APC:</b> n/a <b>Coliform:</b> n/a <b>E. coli:</b> n/a <b>Yeast &amp; Mold:</b> n/a <b>Salmonella:</b> n/a <b>Listeria spp:</b> n/a	
<b>Sensory Standards:</b> <b>Appearance:</b> Thick, wet dough like stuffing <b>Color:</b> Beige with flecks of herbs and very small pieces of garbanzo beans <b>Flavor/Aroma:</b> Beans, salt, cumin, cilantro, parsley, coriander, and garlic <b>Texture:</b> wet and sticky to the touch, like stuffing <b>Cooked texture:</b> Crunchy outside. Soft, somewhat moist inside but granular. Cumin, cilantro, parsley, coriander, beans, mild salt and garlic notes.	
<b>Chemical Standards (if applicable):</b> <b>% Moisture:</b> n/a <b>% Salt:</b> n/a <b>Viscosity:</b> n/a <b>pH:</b> n/a	
<b>Photo of finished product:</b>          	

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100g Nutritional:	Nutrients	Per 100g	Nutrients	Per 100g
	Basic Components			Vitamin B12 (mcg)
Gram Weight (g)	100		Biotin (mcg)	--
Calories (kcal)	156.17		Vitamin C (mg)	11.64
Calories from Fat (kcal)	23.21		Vitamin D - IU (IU)	0
Calories from SatFat (kcal)	2.39		Vitamin D - mcg (mcg)	0
Protein (g)	8.12		Vitamin E - Alpha-Toco (mg)	--
Carbohydrates (g)	26.51		Folate (mcg)	11.03
Total Dietary Fiber (g)	7.7		Folate, DFE (mcg DFE)	--
Total Soluble Fiber (g)	0.06		Vitamin K (mcg)	--
Total Sugars (g)	4.49		Pantothenic Acid (mg)	--
Monosaccharides (g)	0		Minerals	
Disaccharides (g)	--		Calcium (mg)	59.68
Other Carbs (g)	0.12		Chromium (mcg)	--
Fat (g)	2.58		<b>Copper (mg)</b>	0.02
Saturated Fat (g)	0.27		Fluoride (mg)	--
Mono Fat (g)	0.15		Iodine (mcg)	--
Poly Fat (g)	0.03		Iron (mg)	3.04
Trans Fatty Acid (g)	0		Magnesium (mg)	4.41
Cholesterol (mg)	0		Manganese (mg)	0.02
Water (g)	54.96		Molybdenum (mcg)	--
Vitamins			Phosphorus (mg)	3.2
<b>Vitamin A - IU (IU)</b>	737.35		Potassium (mg)	69.81
Vitamin A - RE (RE)	--		Selenium (mcg)	--
Vitamin A - RAE (mcg)	--		Sodium (mg)	490.95
Carotenoid RE (RE)	--		Zinc (mg)	0.09
Retinol RE (RE)	--		Poly Fats	
Beta-Carotene (mcg)	--		Omega 3 Fatty Acid (g)	--
Vitamin B1 (mg)	0.01		Omega 6 Fatty Acid (g)	--
Vitamin B2 (mg)	0.01		Other Nutrients	
Vitamin B3 (mg)	0.02		Alcohol (g)	--
Vitamin B3 - Niacin Equiv (mg)	--		Caffeine (mg)	0
Vitamin B6 (mg)	0.01		Choline (mg)	--

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## **Cooking Instructions:**

Fryer: Fry Falafel Fritters for 5:30 to 6 minutes or until golden brown and internal temperature is 165°F.

Convection Oven: 375°F for 20 to 22 minutes or until golden brown and internal temperature is 165°F.

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