



A Pure Mediterranean Foods Company

Form NPD-001-E

Version: 3
Supersedes: 8.15.18

6" Whole Wheat Pocket Pita Product Specification

Product Name: Wheat Pocket Pita		Product Code: 030																														
External UPC: 0-00-75365-00030-9	Internal UPC: 0-75365-00030-9	Internal Product Code: BAL030																														
Case Packing: 12 – 6 ct. bags	Net Weight: 11.7 lbs	Shipping Weight: 13.0 lbs																														
Case Cube: 0.78	Storage Temp: Keep Frozen (10° F or below)																															
Approximate Portion Size: 1 pita (2.6 oz)		Approximate Portions Per Case: 72																														
Case Dimensions: Length: 19.56" Width: 13.06" Height: 5.25"	Pallet Dimensions: Tie: 7 High: 13 Total Cases Per Pallet: 91	Physical Dimensions: Piece Weight: 2.6oz (+/- 0.25oz) Piece Dimensions: 6.0" (+/- 0.25")																														
Kosher: No	Thawed Shelf Life: 2 – 3 Days	Frozen Shelf life: 270 Days																														
Description: Wheat pocket pita bread is 6 inches in diameter. Place your favorite sandwich components into our pocket pita bread for a new and exciting menu offering.																																
Ingredient Statement: Wheat Flour (White Whole Wheat Flour, Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate (B1), Riboflavin (B2), Folic Acid]), Water, Palm Oil, Cracked Wheat, Contains 2% or Less of: Yeast, Sugar, Salt, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Calcium Propionate (Preservative), Enzymes. CONTAINS: Wheat All food ingredients contained in this product are approved for use in a regulation of the Food and Drug Administration CFR Title 21 or are listed as generally recognized as safe.		<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> Nutrition Facts 6 servings per container Serving size 1 Pita (74g) <hr/> Amount per serving Calories 170 <hr/> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;"></th> <th style="text-align: right;">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 3g</td> <td style="text-align: right;">4%</td> </tr> <tr> <td> Saturated Fat 1g</td> <td style="text-align: right;">5%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Sodium 280mg</td> <td style="text-align: right;">12%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td style="text-align: right;">11%</td> </tr> <tr> <td> Dietary Fiber 3g</td> <td style="text-align: right;">11%</td> </tr> <tr> <td> Total Sugars 1g</td> <td></td> </tr> <tr> <td> Includes 1g Added Sugars</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Protein 5g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Calcium 34mg</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Iron 2mg</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Potassium 80mg</td> <td style="text-align: right;">2%</td> </tr> </tbody> </table> <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> <small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small> </div> <p>The presence of natural ingredients can lead to slight variations in color and analysis. These variations are not related to our standardized flavor profile. Therefore, these data should be used as a condition of sale.</p>		% Daily Value*	Total Fat 3g	4%	Saturated Fat 1g	5%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 280mg	12%	Total Carbohydrate 30g	11%	Dietary Fiber 3g	11%	Total Sugars 1g		Includes 1g Added Sugars	2%	Protein 5g		Vitamin D 0mcg	0%	Calcium 34mg	2%	Iron 2mg	10%	Potassium 80mg	2%
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Grecian Delight Foods, Inc., 1201 Tonne Road, Elk Grove Village, Illinois, 60007
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 Effective date: 9/26/11 Replaces: 11/8/12 Review date: 2/22/13

8.28.2019 BU



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100g Nutritional:	Nutrients	Per 100g	Nutrients	Per 100g
	Basic Components			Vitamin B6 (mg)
Gram Weight (g)	100		Vitamin B12 (mcg)	0
Calories (kcal)	232.93		Biotin (mcg)	0
Calories from Fat (kcal)	38.8		Vitamin C (mg)	0.02
Calories from SatFat (kcal)	12.89		Vitamin D - IU (IU)	0
Protein (g)	7.44		Vitamin D - mcg (mcg)	0
Carbohydrates (g)	41.27		Vitamin E - Alpha-Toco (mg)	0
Total Dietary Fiber (g)	4.03		Folate (mcg)	44.99
Total Soluble Fiber (g)	0.11		Folate, DFE (mcg DFE)	69
Dietary Fiber (2016) (g)	3.85		Vitamin K (mcg)	0
Soluble Fiber (2016) (g)	0		Pantothenic Acid (mg)	0.13
Total Sugars (g)	1.63		Minerals	
Added Sugar (g)	0.95		Calcium (mg)	45.74
Monosaccharides (g)	0		Chromium (mcg)	--
Disaccharides (g)	0		Copper (mg)	0.01
Other Carbs (g)	0		Fluoride (mg)	--
Fat (g)	4.31		Iodine (mcg)	0
Saturated Fat (g)	1.43		Iron (mg)	2.89
Mono Fat (g)	1.54		Magnesium (mg)	3.49
Poly Fat (g)	0.46		Manganese (mg)	0.11
Trans Fatty Acid (g)	0.01		Molybdenum (mcg)	--
Cholesterol (mg)	0.33		Phosphorus (mg)	40.79
Water (g)	44.33		Potassium (mg)	108.73
Vitamins			Selenium (mcg)	0.01
Vitamin A - IU (IU)	33.05		Sodium (mg)	379.6
Vitamin A - RE (mcg)	0		Zinc (mg)	0.08
Vitamin A - RAE (mcg)	0		Poly Fats	
Carotenoid RE (mcg)	0		Omega 3 Fatty Acid (g)	0
Retinol RE (mcg)	46.18		Omega 6 Fatty Acid (g)	0
Beta-Carotene (mcg)	7.2		Other Nutrients	
Vitamin B1 - Thiamin (mg)	0.33		Alcohol (g)	0
Vitamin B2 - Riboflavin (mg)	0.16		Caffeine (mg)	0
Vitamin B3 - Niacin (mg)	1.85		Choline (mg)	0
Vitamin B3 - Niacin Equiv (mg)	0.3			

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